

IS EXOMIND™ RIGHT FOR YOU?

EXOmind™ is suitable for most adults – whether your goal is sharper focus, emotional resilience, or a greater sense of calm and control.

Our Clinical Nurse Specialist will carry out a full suitability assessment at your consultation to ensure the best possible outcome.

DELIVERED BY A CLINICAL NURSE SPECIALIST

Every EXOmind™ treatment at Neuromed Clinic is delivered by a qualified Clinical Nurse Specialist – ensuring the highest standard of clinical care, personalised assessment and safe, evidence-based practice throughout your treatment journey.

START YOUR JOURNEY TODAY

Speak to one of our team today to book your EXOmind consultation. Consultations are €100, fully redeemable against the cost of your treatment.

For more information, visit

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EXOMIND™

BRAIN WELLNESS PROGRAMME TO STRENGTHEN YOUR MIND.

A ground-breaking,
non-invasive brain wellness
treatment – designed to
help you feel your best,
inside and out.

CLINICALLY
PROVEN

NO
DOWNTIME

DRUG-FREE &
NON-INVASIVE



WHAT IS EXOMIND™?

EXOmind™ is a revolutionary non-invasive brain wellness treatment, available exclusively at Neuromed Clinic in Galway.

Powered by BTL's patented ExoTMS™ technology, it uses precisely targeted magnetic pulses to stimulate the areas of the brain responsible for mood, mental clarity, emotional balance, and resilience.

Think of it as a workout for your mind. Just as physical exercise strengthens muscle, EXOmind™ strengthens the neural pathways in your brain – helping you feel sharper, calmer, more energised, and more like yourself.

It is comfortable, quick, and requires zero recovery time. You can walk in, have your session, and walk straight back into your day.

HOW DOES IT WORK?

EXOmind™ targets the dorsolateral prefrontal cortex – the region of the brain governing emotional regulation, focus, and self-control. Using gentle magnetic pulses, it triggers tiny electrical currents that stimulate neuroplasticity: your brain's natural ability to rewire and build stronger, healthier connections.

The result is a profound and lasting improvement in how you think, feel, and function – your brain, performing at its very best.

EXOMIND™

TMS SPECIALISTS

Neuromed Clinic are Ireland's only certified TMS specialists. Our dedicated team has the training, experience, and technology to support you every step of the way – with care, expertise, and complete confidentiality from your very first contact.



WHO BENEFITS FROM EXOMIND™?

EXOmind™ Wellness at Neuromed Clinic is designed for anyone who wants to feel better – mentally clearer, emotionally steadier, and more energised – without relying on medication or invasive procedures. It is equally suited to those managing everyday stress and those seeking a meaningful uplift in mental performance.

EXOMIND™ IS IDEAL FOR:

- Stressed professionals & executives
- People experiencing burnout or exhaustion
- Those with low emotional energy or persistent anxiety
- Anyone suffering from brain fog or poor focus
- Wellness & lifestyle enthusiasts
- Frequent travellers experiencing jetlag
- Women managing menopause symptoms
- High-performers seeking a mental edge
- Those wanting a drug-free mood boost
- Those feeling emotionally depleted or disengaged

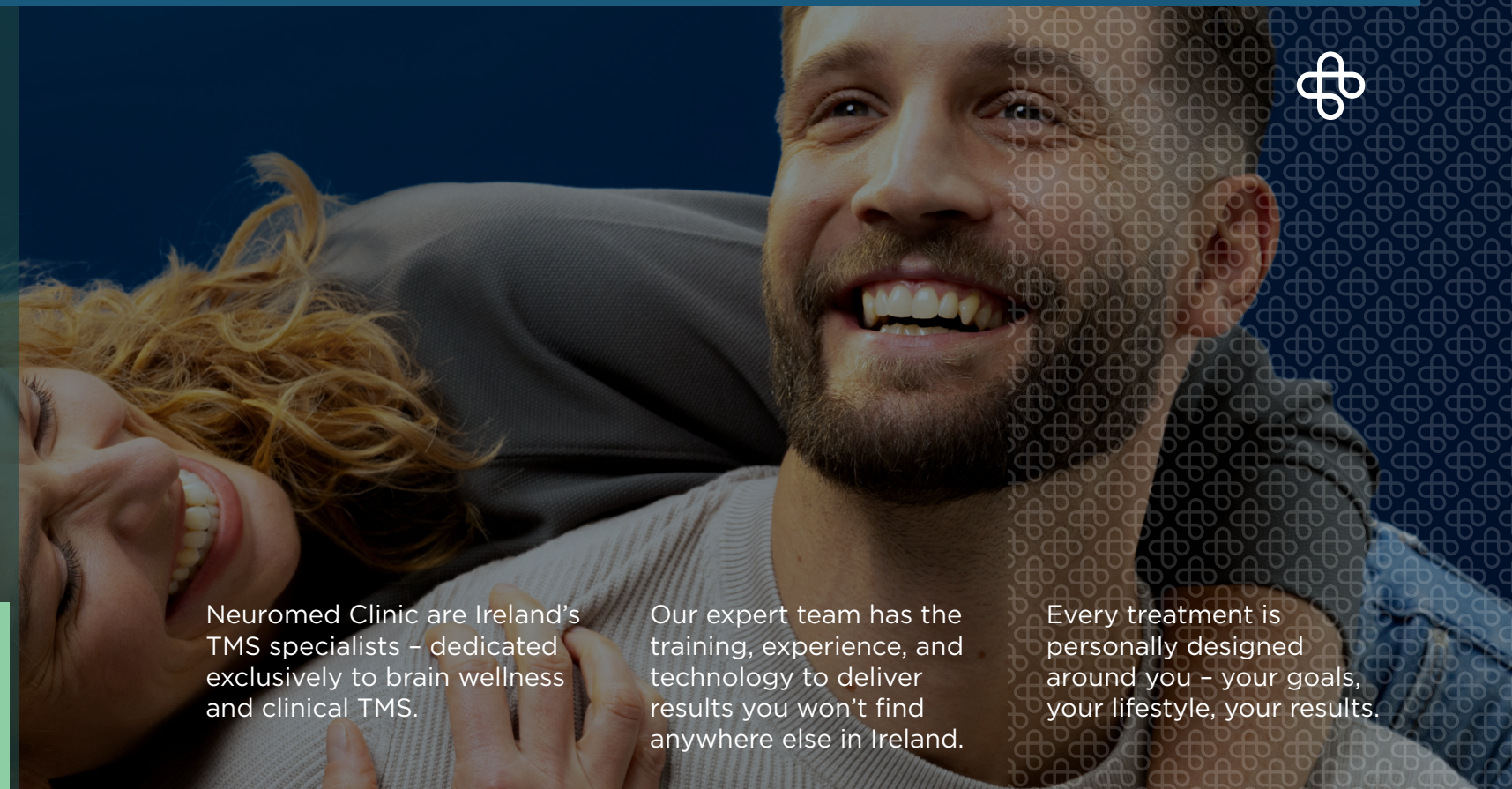
EXOMIND™ CAN HELP WITH:

- Stress and chronic overwhelm
- Depleted mood, energy & motivation
- Anxiety & restlessness
- Poor concentration & mental fatigue
- Emotional imbalance & irritability
- Jetlag & disrupted sleep patterns
- Sleep disruption linked to stress
- Perimenopause and menopause wellness support
- Reducing food cravings & strengthening self-control around food
- Lack of mental clarity & confidence

Neuromed Clinic are Ireland's TMS specialists – dedicated exclusively to brain wellness and clinical TMS.

Our expert team has the training, experience, and technology to deliver results you won't find anywhere else in Ireland.

Every treatment is personally designed around you – your goals, your lifestyle, your results.



WHAT OUR CLIENTS FEEL AFTER TREATMENT

EXOmind™ is FDA-cleared and internationally approved. It has an excellent safety record with no serious adverse events reported in clinical trials. The most common experiences are a mild scalp sensitivity or brief headache in a small number of clients – both temporary and easily managed.

- Greater sense of calm & emotional steadiness
- Sharper focus & mental clarity
- More motivation & energy throughout the day
- Improved mood and a more positive outlook
- Better stress tolerance & resilience
- Faster recovery from jetlag & travel fatigue
- Improved sleep quality & natural sleep patterns
- Perimenopause and menopause wellness support
- Reduced cravings & improved impulse control
- A renewed sense of being in control

REAL RESULTS, CLINICALLY PROVEN

EXOmind™ is not simply a wellness trend — it is backed by rigorous clinical research. The outcomes below are drawn from clinical trials and post-market studies involving thousands of patients worldwide.

6

Sessions for
a full treatment
course

20min

Per comfortable
session

50%

Report a significant
reduction in low
emotional energy
within 4 weeks

58%

Report sustained
improvement in mood
and wellbeing at
12 months

72%

Treatment completion
rates significantly
higher than traditional
approaches

90%

Report improved
emotional balance
and regulation

Taking care of your mental wellbeing is one of the most important steps you can take.

You do not need a GP referral to access EXOmind at Neuromed Clinic. You can contact us directly, and our team will take it from there with complete confidentiality and care.